

# **TIMEKEEPING GUIDELINES**

## **UNDER 8 & 9**

## **LENGTH OF QUARTERS**

UNDER 8: 10 MINUTES

UNDER 9: 12 MINUTES

#### TIME BETWEEN QUARTERS

**3 BREAKS OF 5 MINUTES EACH** 

## **UNDER 10 to 14**

## **LENGTH OF QUARTERS**

**UNDER 10 - 13: 15 MINUTES** 

UNDER 14: 20 MINUTES

## **TIME BETWEEN QUARTERS**

QUARTER TIME: 4 MINUTES

HALF TIME 12 MINUTES

THREE QUARTER TIME: 7 MINUTES